1.Course name: Methodology of Teaching in Physical Education

2. Type of course: lectures and classes

3. Form of evaluation: **credits with the mark**

4. Terms the classes will be conducted: **summer term**

5. Recommended teaching hours: 20 hours (2-lectures, 18- classes)

6. Syllabus:

There are many generic skills and issues covered in initial teacher education courses which student PE teachers must apply to their own subject. The complexity of teaching PE can make it difficult to do. The subject draws together background information about teaching and about PE, basic and advanced teaching skills related to physical education, and broader knowledge and understanding of issues in the wider context of PE. I tis about promoting thinking and reflection to enable student PE teachers to develop into reflective practitioners.

7. Learning outcomes:

Knowledge:

Student understands the teaching process. Student knows the basic motor learning factors. Student has knowledge of planning and assessment in PE. Student knows and understands how to apply the proper teaching strategies. Student knows the principles of lesson organization and lesson management.

Teaching Skills:

Student can plan, organize and manage learning environment during PE lesson, set the goals, by him/herself. Student is able to create positive learning environment. Student can choose and use the proper strategies that motivate the pupils. Student is able to assess and evaluate his/her teaching.

Social skills:

Student can cooperate with the group members, can take different roles (eg. Leader's role), can communicate his/her needs, can effectively cooperate in problem solving tasks.

8. Level of qualification: qualifies 1-st level

9. Organization Unit: Zakład Teorii i Metodyki WF

10. Lecturer: Jacek Szalewski PhD

11. Conditions of the course: regular classes with a group

12. Recommended credits: 4 ECTS