

1. **Subject:** Theory and teaching methodology of football
2. **Type of course:** classes (practical training)
3. **Form of assessment:** class attendance and class participation (no examination)
4. **To be fully filed in semester:** summer
5. **Suggested number of hours:** 20
6. **Syllabus** – bachelor studies, physical education

Aim of teaching: preparing the students for giving football classes in various types of schools and in sport clubs. Training and perfectioning motor activities: football technique. Acquiring skills: referee, organization of football classes, evaluation and control of training results.

Knowledge required before starting classes: knowledge of the characteristics of the game, the basic rules of football, methods and rules of teaching motor activities.

Skills required before starting classes: abilities of performing basic special motor skills: moving on court, passing the ball, dribbling.

Compulsory reading:

 - IFAB. Laws of the game 2019/2020. Available from: <http://www.theifab.com/laws>.
 - Ekblom B. 1994. Football (soccer). Oxford.
 - Bénézet J.M., et al. Youth football training manual. FIFA, Zurich. Available from: https://resources.fifa.com/mm/document/footballdevelopment/generic/02/86/63/17/fifa_youthfootball_e_neutral.pdf.
 - Bednarski L., Koźmin A. 2004. Piłka nożna. AWF, Kraków.
 - Duda H. 2008. Intelktualizacja procesu nauczania a rozwój dyspozycji do gry sportowej (na przykładzie piłki nożnej). Studia i Monografie nr 50, AWF, Kraków.
 - Dorna M., Paluszek K., Stępiński M., Stolarczyk M., Śliwowski R., Zalewski B. 2016. Narodowy model gry. PZPN, Warszawa.
7. **The aimed effects of the courses:**

Knowledge: the students will know the terminology and will be familiar with the techniques, basic tactics and methodology of teaching football.

Skills: the student will be able to perform and demonstrate the basic elements of football technique, teach basic football technique, adjust the task to the individuals and to the requirements and abilities of the students, organize, lead and act as a referee football games.

Social skills: the student obeys the safety regulations, makes sure that everybody is safe when performing the tasks.
8. **Qualifications:** After the end of the course the student is qualified to give football classes at primary schools, junior high schools and high schools.
9. **Organisation responsible for the subject:**
Section Sports and Recreational Games in Institute of Sport Sciences
10. **Tutor:** dr hab. Henryk Duda, prof. nadzw.,
dr Mateusz Kaczor
11. **Realisation of classes:** with a group
12. **Suggested number of ECTS points:** 3