- 1. **Subject**: Health Tourism
- 2. **Type of course**: class contact + field trip (maximum cost 20 Euro)
- 3. **Completion form**: credit with mark
- 4. **Semester**: Summer
- 5. **The number of classes**: 20 hours (8 in class, 12 trip)
- 6. **Syllabus**: (1)Definitions (wellness, spa, health resorts, health tourism, medical tourism), (2) history of health tourism, (3) typologies of health and wellness tourism, (4) factors influencing the need for wellness tourism, (5) available tools that help in the pursuit of wellness, (6) profiling wellness visitors, (7) health tourism international analysis case studies. (8) Trip visiting one of Polish health resorts.

7. Effects of education:

- a) **Knowledge**: Student has basic knowledge and knows selected concepts related to health tourism, student knows and understand basic terminology, student is able to present factors influencing the need for wellness tourism,
- b) **Skills:** student can speak on the results of their own actions and thoughts, student can draw conclusions based on data from various sources, student has the ability to prepare and present the speech.
- c) **social competences:** student can properly identify priorities for the implementation of specific task, student is able to use the acquired knowledge, discuss, formulate opinions.
- 8. **Determination of first degree qualification**: Student ought to understand specific features of health and wellness tourism and its practical importance
- 9. Organizational Unit implementing an subject: Department of Tourism and Recreation
- 10. Lecturer: dr Karolina Korbiel, dr Iwona Dominek
- 11. Conditions of realizing classes: the separate group in English
- 12. The proposed numbers of ECTS points: 4 points